

# **BACHPAN 2015**

## **Theme based displays, information sharing and interactions by teachers and resource persons**

### **First Floor**

- Room No. 101 - **Prayer, Yoga, Music and Dance**  
Any art form is essence of life. In these days of stress and anxiety one needs to relax to achieve happiness and peace. Music and dance are two of the most enjoyable ways of achieving peace and happiness. This room invites all to experience music as a therapy and get relaxed and destressed.
- Room No. 102 - **Role of Extra Curricular activities in child development**  
Extra curricular activities are those initiatives and enterprises of a child that fall outside the normal curriculum of school and academics
- Room No. 103 - **Goals for every parent**  
Parenting is an art. This room will help the parents to adopt positive parenting attitudes and behaviour towards their children. The displays and exhibits herein shall help parents to bring up their children in a promising way
- Room No. 104 - **Identifying problems in children**  
This room provides an opportunity to understand children and their different problems. It covers a whole range of day to day living challenges and solutions related to the difficult journey of growing up
- Room No. 105 - **Learning Disabilities** – a glance through various difficulties faced by children
- Room No. 106 - **Teaching and learning in a technologically advanced world**  
Multi linguistic activities, Maths concepts through games and stories
- Room No. 107 - **Art**  
Beauty is found in all forms of art
- Room No. 108 - **Craft and Mehendi**  
Best creations in Craft and Mehendi
- Room No. 109 - **Calligraphy, Handwriting and Signature**  
Enhance your talent with handwriting

## **Second Floor**

- Room No. 201 - **Story telling and puppet show**  
An interactive session of story telling coupled with various activities which enhance and deepen the understanding, creativity and curiosity of children and adults as well. Our own Davian stars shall be narrating stories and skit.
- Room No. 202 - **Grow together healthier**  
Growing up is a challenge that a child must deal with throughout life. Children must deal with physical, emotional and psychological changes as they grow. There is no manual for growing up. It is the duty of the parents and teachers to provide guidance to them. Our endeavour is to provide information that will enable our children navigate this confusing world rather comfortably.
- Room No. 203 - **Parenting Challenges in the present times**  
We welcome parents to address problems and challenges faced during parenting in day to day life. It is based on feedback provided from the parents. We have made an attempt to find out solutions to these problems. It is supported by skits and a movie enacted by students.
- Room No. 204 - **Child Safety in School and at Home (Cyber crime and hacking)**  
Keeping our children safe is our top priority. Learn about how to keep our children safe at home and in school. Also get guidelines on online/internet safety for children.
- Room No. 205 - **Adolescence- Important concerns**  
Adolescence is a stage of transition from childhood to adulthood. A period needing special attention, not criticism.
- Room No. 206 - **Language Board Games and Maths based Games**  
Games may be used as a means to learn and understand the concepts both in languages and maths as they help children to grasp the matter in a stress-free and fun-filled atmosphere
- Room No. 207 - **Weight problems and Obesity and similar Health Concerns**  
Obesity is an ever increasing problem and it makes life difficult for an individual. Here we try to motivate all to live a healthier life to avoid problems like weight gain and other health problems
- Room No. 208 - **Anxiety, fear, guilt, inferiority complex and other major mental health concerns**  
Mental health issues like anxiety, inferiority complex, stress, depression etc have crept into the life of children today in an alarming proportion. So everyone needs to know about what is emotional and mental health and how to maintain it. So get guidelines here to lead a stress-free and happier life.

- Room No. 209 - **The wholesome personality – The goal of life**  
 Illustrating various qualities required in a person to make him/her lead a contented, successful and happy life.
- Room No. 210 - **Discipline and code of conduct for life-Yes all about them**  
 General rules and regulations to be followed at home, school and public places.
- Room No. 211 - **Sports**  
 All about fitness and health
- Room No. 212 - **In the lap of Nature**  
 This room shall showcase the various activities that can be carried out in nature such as river rafting, trekking etc. The importance and usefulness of the resources found in nature. But, if the nature is not preserved and conserved, we will have to face its wrath in the form of natural calamities.
- Room No. 213 - **Illustrative pictures to improve language and vocabulary**  
 Information on how innovatively parents can teach their children new and more words and increase their vocabulary through games.
- Room No. 214 - **Healthy initiation in a child's school life**  
 School is a place where a child begins his social life and then this forms his or her foundation for the world outside. It is these early years spent at school that shapes the personality of the child.

### **Third Floor**

- Room No. 301 - **Drug Addiction**  
 Drug Addiction has become a menace where many bright lives are ruined. This room aims to create awareness among students so that they do not fall into this deadly trap.
- Room No. 302 - **Internet Addiction**  
 Different types of Internet addiction by teenagers will be highlighted. Their symptoms, harmful effects and remedies will be displayed.
- Room No. 303 - **Resolving family conflicts**  
 This room speaks about parental conflicts, sibling rivalry, generation gap and gender discrimination through various activities like dance drama, family games and quiz.
- Room No. 304 - **Teaching Teenager**  
 The content of this room will focus on peer pressure, anger management, parent child interaction and health and fitness. It also includes a short movie on moral values.

- Room No. 305 - **Career Options**  
 After 12<sup>th</sup> Standard life takes a turn and then one has to select a career path. This room will provide comprehensive information about science, commerce and humanities colleges, international colleges, their cost involved, competitive exams which a child needs to know to make the right career choice.
- Room No. 306 - **“LET ME BE” (Parental Expectation)**  
 Information pertaining to the emotional stress and frustration faced by children due to high worldly and parental expectations. A friendly and supportive approach goes a long way in helping them.
- Room No. 307 - **Talents of children**  
 Creating an awareness about how to spot and develop children’s talent along with some live performances by our gifted children.
- Room No. 308 - **Importance of play in everyday life**  
 Playing is the fundamental right of a child. Today’s children are simply not experiencing as much active playtime as their parents did! Play can be any spontaneous activity that gives fun and enjoyment.
- Room No. 309 - **“Catching the Right Wave” ( Mental Health Concern)**  
 Every wave is unique. Catching the right wave can transport a person to his/her destination; and the ride is sure to be magical. Come! Let’s surf the brainwaves of our mind.

**FourthFloor**

- Room No. 401 - **Innovative Learning and Creativity**  
 To develop communication and speaking skills in an innovative and creative way.
- Room No. 402 - **Balanced Diet**  
 Importance of balanced diet at different stages of a child’s growth and development. Do’s and Don’t of food habits.
- Room No. 403 - **Effect of media on the behaviour of children**  
 The positive and negative aspects of different media and their influence on children through write ups and survey
- Room No. 404 - **Globalisation and Multilinguistic Learning**  
 A person who speaks more languages is likely to be more clear-minded at an older age, in effect exercising his or her brain more than those who are monolingual.
- Room No. 405 - **Grow with Maths**  
 -Ribika’s cube, Abacus and vedic maths  
 -Skit on “Fun with Maths”, -Origami models and demo

- Room No. 406 - **Theatre Art**  
Expressions of emotion is signature characteristics of human being.  
Live performances of students showing all *ras*, expressions  
Interpretation of role played by acting in life
- Room No. 407 - **Children's upbringing**  
Psychological and emotional needs in children upbringing  
Understanding the role of teachers, parents, mentors and society in  
providing healthy environment
- Room No. 408 - **Art and craft of Maharashtra**  
Exhibiting traditional ornaments, toys, musical instruments, food and  
Warli paintings  
Traditional weaving pattern, in 'Paithani' silk sarees of Maharashtra

# **D.A.V. PUBLIC SCHOOL, NERUL**

## **BACHPAN 2015**

**Tuesday, 20<sup>th</sup> January, 2015**

- 11 a.m. to 12.30 p.m.      Talk : **“Adolescence Issues”** for Std.VII & VIII students  
Venue : 3<sup>rd</sup> Floor Multipurpose Hall  
*Mrs. Hemangi Naik, Special counselor*
- 11.30 a.m. to 12.30 p.m.      Talk : **Parenting Adolescents: “Let them go, they need to grow”**  
for all parents  
Venue : Computer Lab  
*Mr. Jeevan DCunha, Counselling Psychologist*
- 1.45 p.m. to 3.15 p.m      Talk : **“Cyber Crime”** for Std. X and XI students  
Venue : 3<sup>rd</sup> Floor Multipurpose Hall  
*Mrs.. Harpreet Randhava*
- 2 p.m. to 3 p.m.      Talk : **“Parenting roles for 21<sup>st</sup> Century Parents”**  
Venue : Computer lab  
*Mr. Jeevan DCunha, Counselling Psychologist*
- 3.30 p.m. to 4.30 p.m      Talk : **“Drugs! No, Not my friend”** for Std. VIII and IX students  
Venue : 3<sup>rd</sup> Floor Multipurpose Hall  
*Mrs. Rekha Vijayakar, Special counselor,*  
*Sr. Director of Spastic Society of India*

**Wednesday, 21<sup>st</sup> January, 2015**

- 10 a.m. to 11 a.m..      Talk : **“Discipline and Communicating with Children”** for Parents  
Venue : 3<sup>rd</sup> Floor Multipurpose Hall  
*Mrs. Hemangi Naik, Special counselor*
- 10 a.m. to 11 a.m.      Talk : **“Helping your child find happiness and success in life”**  
for parents  
Venue : Computer lab  
*Mr. Jeevan DCunha,, Counselling Psychiatrist*
- 11.30 a.m. to 1 p.m.      Talk : **“Lifestyle Disorders and Ayurveda”**  
Venue : Computer Lab  
*Dr. Omkar Choudari*  
*This very informative and enlightening talk from Dr. Omkar Choudari who has already lectured 500 talks all over Maharashtra shall address issues like children developing many disorders like early spectacles (vision defect), high blood pressure, cholesterol, heart ailments and obesity. Similarly, the same disorders in a higher intensity in the adults (parents) shall also be addressed by Dr. Omkar.*
- 2 p.m. to 3 p.m.      Talk : **“Nutrition Matters in the Health of your Children”**  
Venue : Computer Lab  
*Dr. Kinjavadekar, Sr. Paediatrist*

- *Parents please occupy your seat 10 minutes before the talk time to ensure your seats.*
- *Parents are requested to make the best use of the given opportunity.*
- *To attend the talks parents are free to come on any day or both the days and benefit the most from the talks of experts.*

**PRINCIPAL**

