

VVDAV Public School, Vikaspuri

Summer Vacation Plan

Class -I

(2024-25)



“Playing outside all day long, Splashing under the garden hose, Popsicles quickly melt away, Summer fun is almost here!”

Dear Parents

As summer vacation commences, we hope that children will make the most of this much-needed time off to interact with friends and family and experience a ton of interesting new things. We have created a thorough holiday schedule with the goal of helping the kids make the most out of their free time in order to make sure they utilize the time wisely.

Children are storehouses of talent and energy; we would like you to encourage them to perform the activities/ tasks independently with minimal intervention from their elders. This will help in boosting their critical and creative acumen.

Let us put our best foot forward and help our children become independent, confident, self-reliant and honest citizens of the nation.

We hope you have a wonderful and exciting summer break!

FEW TIPS AND ACTIVITIES TO MAKE HOLIDAYS FUN AND LEARN TIME FOR KIDS

1. Make Them More Independent by teaching them activities like:

- Folding their mats, aprons, and clothes.
- Learning to wear shoes and socks; Buttoning and unbuttoning the shirt.
- Keeping back the toys, shoes, books, etc. properly in shelves or cabinets.
- Doing small chores like; filling water bottles, laying out the table, dusting, cleaning windows, making their own bed, tidying the room, dressing up on their own.



2. My Surroundings – My Responsibility

- Encourage your child to raise a plant by planting seeds.
- Save water by closing the tap, Switching off lights/fans /TV after every use.
- Keep surroundings and environment clean by not littering. Do not throw anything out of the window, car or balcony. Always throw garbage in the dustbin.

3. Communication Skills Play a Pivotal Role-

- Spend quality time talking to your child and listen attentively.
- Engage in conversations in English to boost their comfort and improve pronunciation and usage.
- Encourage them to share thoughts and ask questions, assisting with new vocabulary when needed.
- To enhance speaking skills choose any one object or picture from your surroundings and let your child speak a few lines on it. Do appreciate them for their efforts.

4. Spending Quality Time Together

- Share meals with your child.
- Teach them a game you loved from your childhood, like "Word Chain" or "शब्द अंताक्षरी".
- Discover their preferences for spending time together.

5. Build a habit of READING

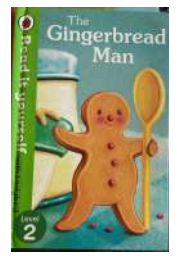
One of the best habits that we can inculcate in a child is that of reading. It is also the best way limiting the usage of electronic devices. You can take your child to the nearest bookstore and ask them to choose a book by themselves



Act as a role model and read in front of your child. Watching you reading magazines, newspapers, and books shows your child that reading is important. Encourage your child to join you with his or her own book while you are reading.

Suggested books for your child to read at this age:

- Ladybird Books Level 1 and 2
- Pratham Books



6. Outings: Learning Beyond Book-

- Arrange a variety of indoor and outdoor activities that are both educational and enjoyable.
- Take them to visit their grandparents and let them strengthen the bond. Their love and emotional support is very important for your child. Let them learn the importance of relationships.

7. Keeping It Positive-

- Positive instructions and praise help children stick to their routines, ensuring they feel loved and cared for.
- Let them enjoy a balanced mix of activities like watching cartoons, reading, drawing, and helping with chores.
- End each day by asking them to recall one positive or fun thing they experienced.



Don't forget to praise them for what they did well today by saying that you are a star !

Last but not the least,

Handhold your child at every step, make this journey of life, happy and a beautiful one for them, so that one day they create their own golden stories.

PRACTICE TIME

ENGLISH

- Practise framing sentences on commonly used words.
- Complete your practice book till page 14 (if not completed).
- Revise ee and ll sounds.

हिंदी

- ❖ आओ दोहराएँ आ ,इ और ई मात्रा
- सुनो और लिखो (श्रुतलेख) आ ,इऔर ई मात्रा के शब्दों का अभ्यास 3 IN 1 कार्यपुस्तिका में करें ।
- ❖ भाषा माधुरी पृष्ठ 2 से 10 तक पढ़ने का अभ्यास करें ।
- ❖ भाषा अभ्यास पृष्ठ 1 से 12 तक पूरी करें (if not completed) ।

MATHS

Revise all the concepts

- Counting (1 to 50)
- Number names (1 to 10)
- After & before numbers (1-50)
- Complete book pages 1 to 16 (if not completed)

EVS

- Complete Book pg. no 1, 2, 8, 9, 10 and 14 in EVS book (My Living World)
- Learn the names of body parts as done in class.
- Fun Activity- **HEALTHY FOOD CAMPAIGN WITH MY FAMILY**
 - Learn the names of fruits, vegetables or pulses you are eating daily.
 - Talk about their colour and taste.Eat healthy and be strong.

Handwriting is an art. It is a proficiency that can be acquired with a lot of practice.Do writing practice of both HINDI & ENGLISH in 3 in 1 notebook.Emphasis should laid on correct formation of letters ,व्यंजन and व्यंजन with matras done .

Alphabet Chart

Let us read it together :

A a B b C c D d

E e F f G g H h

I i J j K k L l

M m N n O o P p

Q q R r S s T t

U u V v W w X x

Y y Z z

क - ह

क ख ग घ ङ

च छ ज झ ञ

ट ठ ड ढ ण

त थ द ध न

प फ ब भ म

य र ल व श

ष स ह

ACTIVITY I

Trash to Treasure

Taking care of our planet and preserving it for the future is crucial. Let's adopt the 3Rs - Reduce, Reuse, Recycle - to save resources, minimize waste, and protect the environment.

Children, along with their guardians, will create crafts on the theme "**Trash to Treasure**".

Follow the links shared according to the Roll No.

- Roll No. 1 to 15 Garden decor- Cardboard Craft

<https://pin.it/5XyUFSBtc>

- Roll No. 16 to 30 Wall Decor - Cardboard Craft

<https://pin.it/5ze19ruaU>

- Roll No. 31- 45 Wall Hanging- Cardboard Craft

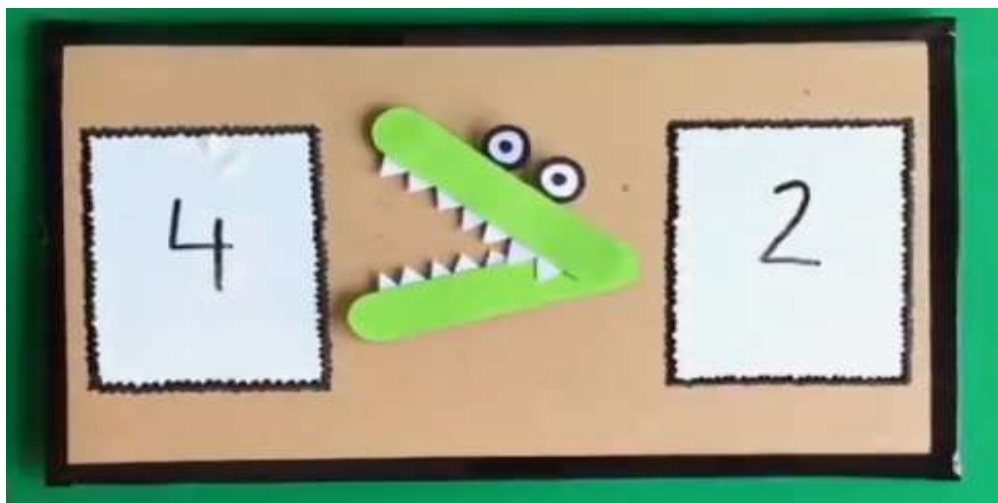
<https://pin.it/1DuBOxkNX>



Do not forget to label your craft.

ACTIVITY 2

Greater than and Less than Craft



Please refer to the shared link to assist your child in creating a craft that reinforces the concepts of greater than and less than. Your involvement will make learning Math fun and memorable for your child.

https://youtu.be/Ju_KvJjOB4k?si=aH8dwC2HLvCQ4WmC

ACTIVITY 3

Only Roll Numbers 1 to 24 will do this activity.

Create Digraph Flip Book

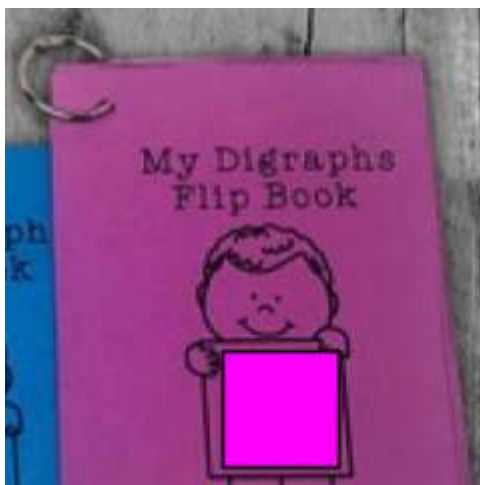
Encourage your child to engage in a creative and educational activity by helping them create a digraph flip book as shown in the picture and video link shared. This hands-on project will reinforce their understanding of digraphs and make learning fun!

Link for reference

https://youtube.com/clip/UgkxQf5BWQ_XxN21CXle4G6Mz8y5-pSi50mL?si=lxzSHPHupiYbaNkB

Instructions for Creating a Digraph Flip Book:

1. **Materials Needed:** Half thick drawing sheets or thick colored sheets, markers or colored pencils, scissors, glue or tape.
2. **Preparation:** Take a sheet for each digraph(oo, sh, ch, th)
3. **Write and Illustrate:** Write the digraph at the top of each sheet. Below, paste or draw bold and colorful pictures representing words with that digraph (e.g., for "sh," draw a ship, a shell, and a shoe). Write the corresponding words below each picture.
4. Once all sheets are complete, these can be laminated, hole punched, and secured with a ring.
5. For words and pictures you can see English Reader



ACTIVITY 3

Only Roll Numbers 25 to 45 will do this activity.

Create मात्राओं की दुनिया Flip Book

अपने बच्चे को सृजनात्मक और शैक्षिक गतिविधि में भाग लेने के लिए प्रोत्साहित करें, उन्हें **मात्राओं की दुनिया फ्लिप बुक** बनाने में सहायता करें, जैसा कि भेजी गई चित्र और वीडियो लिंक में दिखाया गया है। यह गतिविधि उनके हिंदी मात्रा की समझ को मजबूत करेगा और शिक्षा को मजेदार बनाएगा !

मात्राओं की दुनिया फ्लिप बुक बनाने के निर्देश:

आवश्यक सामग्री: मोटे ड्राइंग शीट या मोटे रंगीन शीट, मार्कर या रंगीन पेंसिल, कैंची, गोंद या टेप।

तैयारी: प्रत्येक मात्रा के लिए एक शीट लें (इ , ई, उ , ऊ)।

लिखें और चित्रित करें: प्रत्येक शीट के शीर्ष पर मात्रा लिखें। नीचे, उस मात्रा के शब्दों को प्रतिनिधित्व करने वाले कोई 5 रंगीन चित्र बनाएं या पेस्ट करें प्रत्येक चित्र के नीचे संबंधित शब्द लिखें। जब सभी शीट पूरी हो जाएं, तो इन्हें लैमिनेट किया जा सकता है, छिद्रित किया जा सकता है, और एक रिंग के साथ सुरक्षित किया जा सकता है।

शब्दों और चित्रों के लिए आप भाषा माधुरी देख सकते हैं।

Link for refrence

https://youtube.com/clip/UgkxQf5BWQ_XxN21CXIe4G6Mz8y5-pSi50mL?si=IxzSHPHupiYbaNkB

ACTIVITY 4

Make Your own Puzzles

Help your ward to make DIY 16 square pieces JIGSAW PUZZLE.

1. Choose a child-friendly picture, perhaps of their favorite cartoon character, animal, or scene from nature.
2. Print out the chosen picture on a piece of paper or use a color printout if available. Alternatively, you can draw a simple picture on a sheet of paper.
3. Paste it on Cardboard. This will provide a solid base for the puzzle.
4. Split the image into a 4x4 grid to create 16 equal-sized pieces.
5. Shuffle the pieces randomly.
6. Number each piece from 1 to 16 and label it too with your child's name.
Send in a small box. Label the box also



16pcs

<https://youtu.be/BIqWH Jv9ho?si=abhlp B61WsBFxi>

ART AND CRAFT

Activity 1- Create a Suncatcher

Here's a fun two-part activity for you: collecting and saving flowers, and then creating a beautiful sun catcher.

Materials needed:

- Pressed flowers (red, pink, white)
- Full-size paper plate
- Self-laminating sheets or broad cello tape
- String for hanging



Instructions:

1. Trace your selected shape onto the center of the paper plate and cut it out.
 2. Paste a self-laminating sheet or cello tape on the cut-out portion.
 3. Arrange pressed flowers onto the sticky side of the sheet.
 4. Continue adding flowers until satisfied with the design.
 5. Place another self-laminating sheet on top and press firmly to seal.
 6. Cut out the sun catcher in various shapes like, sun, butterfly, flowers, birds, or animals.
 7. Punch a hole at the top of your sun catcher.
 8. Thread a string through the hole and tie a knot to create a loop for hanging.
 9. Remember to use pressed flowers as fresh ones will brown. Enjoy your colourful creations!
- Reference link for your sun catcher <https://pin.it/7MJXfheKH>



Activity 2

Step by Step Book

- Do page 1 to 10.
- Use pencil colours or crayons.
- Practice colouring neatly and within the figure.

NATIONAL FATHER'S DAY

ACTIVITY

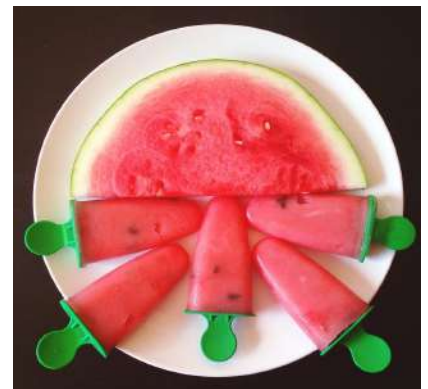
FATHER'S DAY is observed on the third Sunday of June. It honours all fathers, grandfathers and father figures for their contribution. So on this Father's Day:

- Pamper your dad
- Make him feel special in every small way
- Surprise him by giving him a self made card.
- Decide his dress for the day, Taking special care to choose his favourite colour
- With your mother's help prepare a mouth watering recipe which might become his all time favourite.

An example for one such recipe is given below:

Watermelon Ice Popsicles Recipe

1. To prepare the Watermelon Popsicles, combine the watermelon cubes and sugar in a blender.
2. Blend together to a consistency of a thick juice and ensure there are no lumps. Sieve the liquid mixture if required. Add the lemon juice and stir to combine.
3. Pour the watermelon juice into the popsicle molds and freeze until firm. Once frozen, to unmold the ice popsicles, dip the mold into the lukewarm water for the few seconds for easy release.
4. Enjoy the Watermelon Popsicles with your father.



SPORTS AND FITNESS ACTIVITIES

Activity 1:

YOGA FOR KIDS

- ❖ Tadasana (Mountain Pose)
- ❖ Vrikshasana (Tree Pose)
- ❖ Paschimottanasana (Seated Forward Bend)
- ❖ Bhujanasana (Cobra Pose)

Video link: <https://youtu.be/ZXkwrYQ1A9Y>

Activity 2:

Twisting and Turning (With ball)

- ❖ Stand back to back with your partner.
- ❖ Both the partner will rotate to one side as one partner passes the ball to the other.
- ❖ Rotate in the other direction and pass the ball back to your partner.

Video link: <https://youtu.be/uhLkqsGOXwg>

Activity 3:

Balancing Activity

- ❖ Please follow instructions given in the demo video (link given)

Video link: <https://youtu.be/kMXqwnMN5Bw>



Activity 4:

Aim your Target

- Things required – 1 Ball
- Draw a big size circle on the wall
- Draw a line on the floor as a starting point (as space is available at your home)
- Follow the instructions which are given in the demo video (link given)

https://youtube.com/shorts/mx1_V-P2THI?feature=share

DANCE & MUSIC

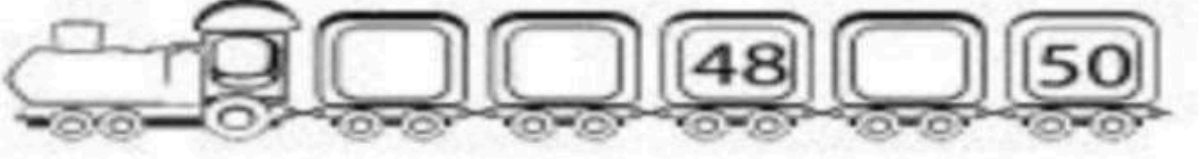
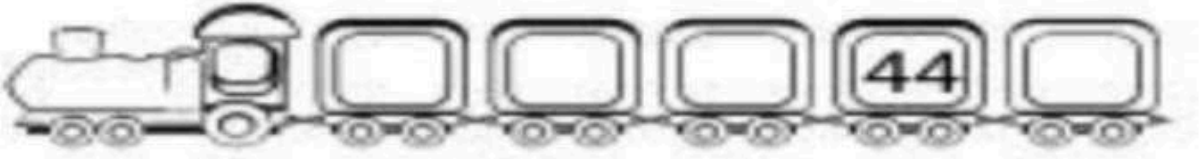
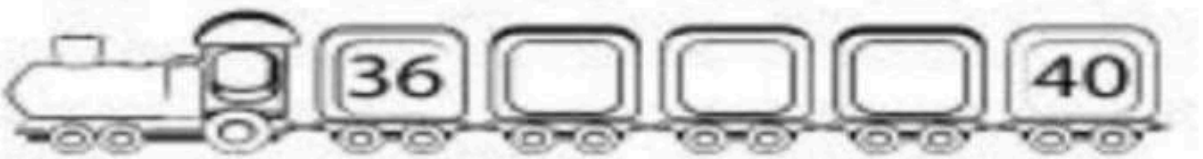
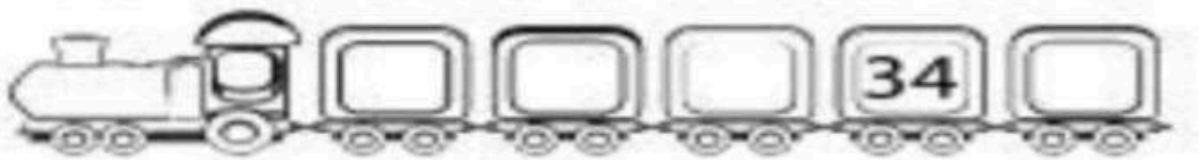
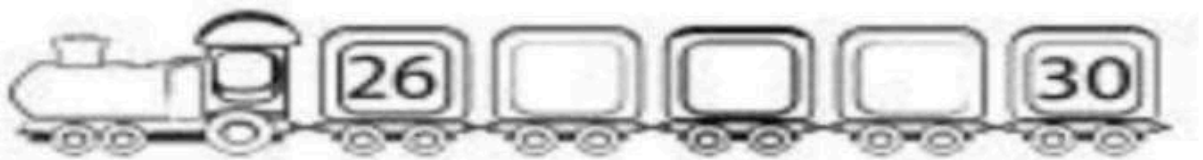
- Let's enjoy learning one Hindi prayer (दया कर दान विद्या का हमें परमात्मा देना) and one English prayer (All things bright and beautiful) and Vanmahotsav Geet. Sharing links.
 - <https://youtu.be/nDvAubwWuPg>
 - <https://youtu.be/uqHiro-JDPQ>
 - <https://youtu.be/P26bGfEJPHY?si=yQLDHle1GaUNc8NK>
- Enjoy learning the following song:
 - <https://youtu.be/QN-0UWJHDI4> (Happiness is something)
 - <https://youtube.com/watch?v=Xg5i9rxxuJM&feature=share> (I Love Summer Time)
 - <https://youtube.com/watch?v=mVhh0oATqBI&feature=share>
- Must recite Gayatri Mantra and Shanti Paath everyday .
- Enjoy learning few simple dance steps, use the links given below:
 - <https://youtube.com/watch?v=lailmmLokEA&feature=shared>
 - <https://youtu.be/kBGEY7FdV3Y?si=QLDu3e9Pii2MiOc>

Sharing some practice worksheets for children to revise their

concepts:

















Ques- Fill in the missing numbers -

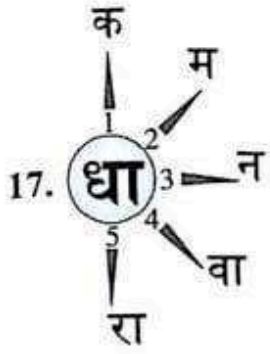


Number Names and Numerals

Count each object in the picture and write its numeral and number name. Colour the picture.



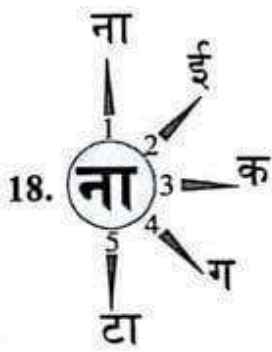
	<input type="text" value="4"/>	Four			<input type="text"/>	
	<input type="text"/>				<input type="text"/>	
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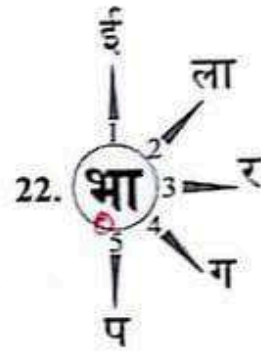
1. धाक
2. _____
3. _____
4. _____
5. _____



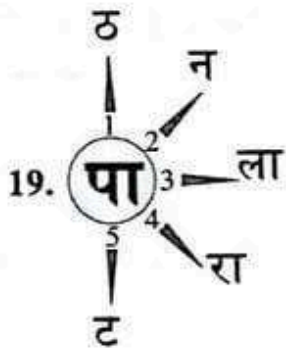
1. बाल
2. _____
3. _____
4. _____
5. _____



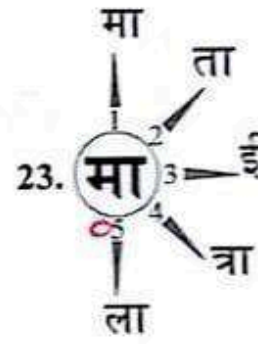
1. नाना
2. _____
3. _____
4. _____
5. _____



1. भाई
2. _____
3. _____
4. _____
5. _____



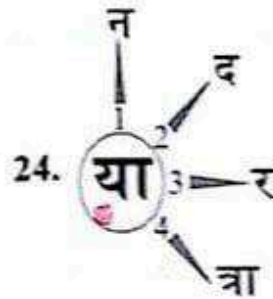
1. पाठ
2. _____
3. _____
4. _____
5. _____



1. मामा
2. _____
3. _____
4. _____
5. _____

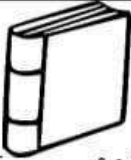


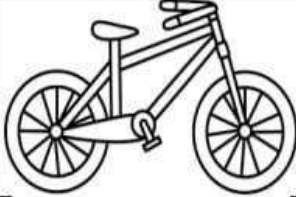




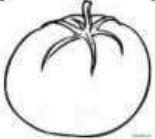









1. फाग
2. _____
3. _____
4. _____
5. _____



1. यान
2. _____
3. _____
4. _____

नीचे दिए गए चित्रों के नाम लिखिए-

	<p>-----</p>		<p>-----</p>
	<p>-----</p>		<p>-----</p>
	<p>-----</p>		<p>-----</p>
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नीचे दिए गए शब्दों से वाक्य रचना कीजिए-

1. बादल-

2. हिरन-

3. साइकिल-

4. सितार-

5. चिड़िया-

6. गिलास-

7. छाता-

8. गाजर-

9. पाठशाला-

10. नारियल-